



NEW ORLEANS

BAPTIST THEOLOGICAL SEMINARY

PDWS8202 Mid-Career Assessment Workshop

A Professional Doctoral Workshop

New Orleans Baptist Theological Seminary

January 13-14, 2026 Spring Semester

Tuesday, 1 pm -9 pm; Wednesday, 8 am – 4 pm

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Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

Course Description

This workshop provides an assessment of the minister's leadership style, personality, interpersonal relationship skills, spiritual vitality, family relationships, and character utilizing psychometric tools and classroom activities for the purpose of affirming strengths and improving weaknesses.

Student Learning Outcomes

By the completion of the course, each student will be able to:

1. Affirm his/her call to ministry.
2. Project a personal plan for spiritual vitality and professional development.
3. Recognize his/her direction in future ministry.
4. Enhance his/her ability to develop more meaningful relationships.
5. Value and strengthen the role of marriage and family in his/her personal life.

6. Formulate a strategy for maximizing effectiveness in ministry.
7. Recognize and address personal wellness issues.
8. Address a variety of ministerial concerns in one's present ministry situation.

Required Textbooks

Frisbie, David, and Lisa. *Managing Stress in Ministry*. Kansas City, MO: Beacon Hill Press, 2014.

Hughes, Ken and Barbara Hughes. *Liberating Ministry from the Success Syndrome*. Wheaton, Illinois: Crossway Books, 2008.

Yessick, Tommy. *Building Blocks for Longer Life and Ministry*. Nashville: Convention Press, 1997. (The book is out of print. Following registration, a PDF copy will be emailed to students)

Workshop Requirements and Assignments

This workshop will utilize Canvas for posting of Course Documents and all Assignments. Please upload all Mid-Career Assignments, Pre-and Post-, in Canvas in the appropriate assignment section by the due date indicated.

Student Guide to Canvas: <https://community.canvaslms.com/t5/Student-Guide/tkb-p/student>

Canvas Tutorial Videos: <https://community.canvaslms.com/t5/Video-Guide/tkbp/videos#student-videos>

Pre-Workshop Assignments

Due on Tuesday, January 13, 2026. Students may utilize minimal use first person in Assignments A and B.

1. Textbook Readings, Reactions, Reviews, & Summaries:

A. Read the Frisbee textbook *Managing Stress in Your Ministry* and write a 3-page (single-spaced) **Reaction**, cover page included. The Frisbee book contents compose three sections – one page per section. The Reaction should answer the following questions:

- For Section One: What are the current impacts of stress on you personally and your family.
- For Section Two: Which two (2) of the five significant stressors cause you the most stress?
- For Section Three: How will you implement stress-resistance in your ministry?

Be prepared to discuss the Reaction during the workshop.

B. Read the Hughes textbook *Liberating Ministry from the Success Syndrome*, from the standpoint of your ministry position, and write a 3-page (single-spaced) **Review**, cover page included. The Review should answer the following questions:

- What is the major emphasis of the book?
- What are the key insights/takeaways from the book and why?
- What areas in your life were affirmed and what areas need changing?

Be prepared to discuss the Review during the workshop.

C. Read the Yessick textbook *Building Blocks for Longer Life and Ministry* and complete the **Assessment of Total Well-being**, beginning on page 105. After answering the questions, write a **Summary** of your assessments and prepare a list of proposed personal actions to bring wellness to your life. There is no minimum page requirement, and the answers to questions are NOT required to be submitted in this summary. Be prepared to discuss your summary during the workshop.

2. Download and complete the following Inventories:

A. **Leading From Your Strengths Profile:** Complete the Leading From Your Strengths Profile and upload the Report in the Canvas Assignment portal. The Leading from Your Strengths Profile may be located at:

<http://www.ministryinsights.com/leaders/leading-from-your-strengths-profile>.

Note: This item may be purchased online @ \$35.04.

NOTE: If you have already taken the Leading from Your Strengths Profile, then you are not required to “retake” the assessment. However, if it has been more than 5 years since your last assessment, it is strongly urged that you take it again.

B. **Holmes/Rahe Stress Inventory.** Complete the Holmes/Rahe Stress Inventory and share your score in the Canvas Assignment portal. The Holmes/Rahe Stress inventory can be located at <https://www.stress.org/holmes-rahe-stress-inventory>. No cost associated with this inventory.

Post-Workshop Assignment

Due in Canvas no later than February 20, 2026.

Write a five to seven-page (double-spaced) personal **Reflection Paper**. The paper will be a synthesis of the readings, Leading From Your Strengths Profile, and workshop discussions. The paper should reflect an assessment of personal ministry strengths, personality profile, as well as areas for growth and development in your ministry context. Share at least five action steps that you intend to implement in order to enhance and improve your effectiveness as a minister.

Course Evaluation

Textbook Readings, Reviews, Summaries, and Exercises = 40%

Inventories = 20%

Reflection Paper = 30%

Workshop Participation = 10%

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

1. Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu or My.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
2. Canvas@nobts.edu - Email for technical questions/support requests with the NOBTS Canvas Learning Management System (Faculty/Students/Staff) Canvas.NOBTS.edu.
3. [Video Conferencing Help Desk](#) - Email for technical questions/support requests with the Video Conferencing NOBTS classrooms (On and Off-Campus)
4. TelephoneHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS On-Campus Phone system.
5. ITCSupport@nobts.edu - Email for technical questions/support requests in the Flex classrooms and for general technical questions/support requests. If you are not sure who to contact, use this email address!
6. [504.816.8180](tel:504.816.8180) - Call for any technical questions/support requests. (Currently available Mon-Thurs 7:00am-9:00pm & Fri 7:00-7:00pm Central Time)
7. www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Disability Accommodations

Accommodations for students with disabilities are determined and approved by the Assistant Dean of Students for Student Affairs. If you, as a student, believe you are eligible for accommodations but have not obtained approval please contact Conner Hinton immediately at chinton@nobts.edu or 504-816-8246. Students must complete the Accommodation Request Form and provide documentation of their disability. The Assistant Dean of Students notifies students and faculty members of approved academic accommodations and coordinates implementation of those accommodations. While not required, students and faculty members are encouraged to discuss details of the implementation of individual accommodations. The seminary reserves the right to consider each request for special accommodations on a case-by-case basis pursuant to the criteria enumerated above.